



Curbside Pickup
649-2454
Mon-Sat 8-3

BREAKFAST & LUNCH

AVOCADO TOAST WITH FRIED EGG 8
honey oat toast topped with smashed avocado, Prima's evo, fried egg, micro greens – gluten free

BREAKFAST BURRITO 8
scrambled eggs, onions, peppers, locally made chicken sausage, tomatoes, spinach, creamy sriracha sauce – gluten free wrap avail.

ACAI BOWL 8
frozen blend of acai berries, banana & strawberries
CHOOSE TOPPINGS (UP TO 4)
banana, strawberries, blueberries, toasted coconut, gf granola, chia seeds, cocoa shavings, honey drizzle, maple drizzle, dollop of peanut butter, pumpkin seeds

JUICE

IMMUNE BOOSTER 8
orange, carrot, pineapple, turmeric

POWER GREENS 8
spinach, kale, green apple, cucumber, ginger

RIPTIDE 8
pear, green apple, pineapple, blue majik

COFFEE BAR

HOT DRIP BREW COFFEE 2

COLD BREW COFFEE 4

LATTE HOT / ICED 4.50

CHAI LATTE HOT / ICED 5

FLAVOR SHOT .50
housemade vanilla

ALTERNATIVE MILK 1
macadamia nut / oat nut

ADD-ONS

12OZ SALAD DRESSING 8
jalapeno cilantro lime / sweet basil

PEANUT BUTTER ENERGY BITES 3
pack of 2

GF HOUSEMADE GRANOLA 5

SALADS & GRAIN BOWLS

SOUTHWESTERN CHICKEN GRAIN BOWL 10.75
wild rice, chicken, avocado, grape tomatoes, black beans, sweet corn, sour cream
☞ jalapeño cilantro lime dressing

MEDITERRANEAN SALAD WITH FALAFEL 10.50
mixed greens, lemon herb falafel, grape tomatoes, kalamata olives, pickled onion, cucumber, feta
☞ greek vinaigrette

BUFFALO CHICKEN GRAIN BOWL 10.75
romaine, wild rice, chicken, carrots, grape tomatoes, pickled cauliflower, celery, bleu cheese
☞ creamy sriracha dressing

BLT COBB 11
Spinach, arugula, grape tomatoes, sweet corn, locally made black pepper bacon, avocado, hard boiled egg, bleu cheese
☞ fresh tomato vinaigrette

BUILD YOUR OWN SALAD 9.50

1. PICK YOUR BASE (UP TO 2)

wild rice	mixed greens
spinach	romaine
arugula	

2. PICK YOUR TOPPINGS (UP TO 6)

apples	garbanzo beans
bell peppers	goat cheese
black beans	grape Tomatoes
bleu cheese	kalamata olives
blueberries	pickled cauliflower
broccoli	pickled jalapeño
carrots	pickled onion
celery	red cabbage
corn	red onion
cranberries	sour cream
cucumber	sunflower seeds
edamame	sun-dried figs
feta	

3. ADD PROTEIN & PREMIUM TOPPINGS

chicken	3	bacon	1.50
falafel	2.50	avocado	1.25
hard boiled egg	1	toasted walnuts	1

☞ 4. CHOOSE A DRESSING

Creamy Sriracha Dressing
Jalapeno Cilantro Lime
Fresh Tomato Vinaigrette
Sweet Basil Vinaigrette
Greek Vinaigrette